

Loving Arms Child Care Center

MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of March 6-10, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal with Raisins Fruit	Breakfast Bites (WW) Unsweetened Applesauce	Pancakes (WW) Peaches	Biscuits and Gravy Pears	Multigrain Cereal Fruit
Lunch	Meat and Cheese Pizza Carrots Fruit	Spaghetti (WW) with Meat Sauce Peas Fruit	Beanie Weanies Sweet Potato Fries Bread Fruit	BBQ Chicken Sandwich (WW) Vegetable Mixed Fruit	Fish Stars (WW) Vegetable Fruit
Snack	Whole Wheat Bread (WW) Cheese Slice	Apples with Sun Butter Pretzels	Multigrain Cereal Milk	Fresh Vegetables with Ranch Cheese Crackers	Crackers V-Blend

**Menu for the Week of March 13-17, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Muffin Yogurt Fruit	Eggs and Toast (WW) Unsweetened Applesauce	French Toast Sticks (WW) Peaches	Breakfast Sandwich Pears	Multigrain Cereal Fruit
Lunch	Meatball Sub (WW) Mixed Vegetables Fruit	Taco Spaghetti with Beef Peas Fruit	Cheeseburger on a Bun (WW) Baked French Fries Fruit	Chicken and Rice Broccoli Mixed Fruit	Turkey Corn Dog (WW) Vegetable Fruit
Snack	Mozzarella String Cheese Cracker	Rice Cakes Fruit	Low-Fat Cottage Cheese Fruit	Fresh Vegetables Tortilla (WW)	Graham Crackers Milk

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of March 20-24, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Sugar English Muffin Fruit	Breakfast Pizza Unsweetened Applesauce	Waffles (WW) Peaches	Sausage Links Biscuit Pears	Multigrain Cereal Fruit
Lunch	Ham and Cheese Wrap (WW) Carrots Fruit	Beef Stroganoff Dinner Roll Peas Fruit	Cheesy Potato Casserole Baked Ham Green Beans Dinner Roll Fruit	Terriyaki Chicken Fried Rice Broccoli Mixed Fruit	Cooks Choice Meat Grain (WW) Vegetable Fruit
Snack	Cheese Queso Tortilla Chips	Crackers (WW) Fruit	Low-Fat Yogurt Fruit	Fresh Vegetables w/Ranch Crackers (WW)	Grain/Milk/Fruit/Vegetable/P rotein

**Menu for the Week of March 27-31, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal with Raisins Fruit	Breakfast Bites (WW) Unsweetened Applesauce	Pancakes (WW) Peaches	Biscuits and Gravy Pears	Multigrain Cereal Fruit
Lunch	Meat and Cheese Hawaiian Slider Mozzarella Cheese Stick Carrots Fruit	Pasta Alfredo with Chicken Peas Fruit	Protein Stuffing Green Beans Fruit	Baked Ranch Chicken Roasted Potatoes Bread Mixed Fruit	Chicken Tenders (WW) Vegetable Fruit
Snack	Whole Wheat Bread (WW) Cheese Slice	Apples with Sun Butter Crackers	Multigrain Cereal Milk	Tortilla (WW) Vegetable Roll-Up V-Blend Juice	Bagel with Cream Cheese Milk

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of April 3-7, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Sugar English Muffins Fruit	Breakfast Pizza Unsweetened Applesauce	Waffles(WW) Peaches	Multigrain Cereal Fruit	
Lunch	Refried Bean & Cheese Burrito (WW) Carrots Fruit	Macaroni (WW) & Cheese Ham Slice Peas Fruit	Meatballs with Gravy Mashed Potatoes Bread Green Beans Fruit	Chicken Nuggets (WW) Vegetable Fruit	<b>No School in Observance of Good Friday</b>
Snack	Cheese Queso Tortilla Chips	Rice Cakes Fruit	Low-Fat Yogurt Graham Crackers	Ritz Crackers Milk	

**Menu for the Week of April 10-14, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Breakfast Bites (WW) Unsweetened Applesauce	Pancakes (WW) Peaches	Biscuits and Gravy Pears	Multigrain Cereal Fruit
Lunch	<b>No School Teacher Inservice Day</b>	Cheese Ravioli Peas Bread Fruit	Meat & Cheese Taco Vegetable Fruit	Chicken on a Stick with Stir Fry Vegetables Ramen Mixed Fruit	Fish Sandwich on a Bun (WW) Vegetable Fruit
Snack		Fruit Crackers	Multigrain Cereal Milk	Fresh Vegetables Tortilla (WW)	Rice Cakes Milk

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of April 17-21, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Muffin Yogurt Fruit	Eggs and Toast (WW) Unsweetened Applesauce	French Toast Sticks (WW) Peaches	Breakfast Sandwich Pears	Multigrain Cereal Fruit
Lunch	Chicken Strip Wrap (WW) Baked French Fries Fruit	Meat and Cheese Pasta Peas Bread Fruit	<b>Cooking Day</b> Individual Meat & Cheese Pizza Vegetable Fruit	BBQ Chicken Mashed Potatoes Vegetable Bread (WW) Mixed Fruit	Hot Dog on a Bun (WW) Vegetable Fruit
Snack	Soft Pretzel Cheese	Graham Cracker Fruit	Low-Fat Cottage Cheese Pineapple	Mozzarella String Cheese Trail Mix	Crackers Milk

**Menu for the Week of April 24-28, 2023**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Sugar English Muffin Banana	Breakfast Pizza Unsweetened Applesauce	Waffles (WW) Peaches	Sausage Links Biscuit Pears	Multigrain Cereal Fruit
Lunch	Meat and Cheese Quesadilla (WW) Carrots Fruit	Tuna Noodle Casserole Peas Bread (WW) Fruit	Breakfast for Lunch! Scrambled Eggs Sausage Links Toast (WW) Hashbrown Orange Juice	Fiesta Chicken Spanish Rice Vegetable Mixed Fruit	Chicken Patty on a Bun (WW) Vegetable Fruit
Snack	Saltines Cheese Slices	Fruit Crackers	Low-Fat Yogurt Animal Crackers	Pita (WW) Vegetables w/Ranch	Bagels with Cream Cheese Milk

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.