

Loving Arms Child Care Center  
MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of May 2-6, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles(WW) Peaches	Sausage Links Biscuit Pears	Cinnamon Sugar English Muffins Banana
Lunch	Refried Bean & Cheese Burrito (WW) Corn Fruit	Fiesta Chicken Spanish Rice Vegetable Fruit	Meatballs with Gravy Mashed Potatoes Bread (WW) Green Beans Fruit	Macaroni (WW) & Cheese with Diced Ham Peas Mixed Fruit	Chicken Nuggets (WW) Tater Tots Apple Slices
Snack	Mozzarella String Cheese Cracker	Rice Cakes Fruit	Low-fat Yogurt Graham Crackers	Pretzels Fresh Vegetables and Ranch	Ritz Crackers Milk

**Menu for the Week of May 9-13, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes (WW) Peaches	Biscuits and Gravy Pears	<b>Cook's Choice</b> Fruit Grain
Lunch	Meat and Cheese Pasta Cooked Carrots Bread (WW) Fruit	Pigs in a Blanket Baked Beans Corn Pineapple	Meat & Cheese Taco (WW) Vegetable Banana	Chicken on a Stick with Stir Fry Vegetables Rice Mixed Fruit	<b>Cook's Choice</b> Protein Vegetable Fruit Grain
Snack	Cheese Queso Tortilla Chips	Fruit Crackers (WW)	Multigrain Cereal Milk	Fresh Vegetables Tortilla (WW)	<b>Cook's Choice</b> Fruit/Vegetable Grain/Protein (WW)

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily  
Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of May 16-20, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Breakfast Sandwich Unsweetened Applesauce	French Toast Sticks (WW) Peaches	Breakfast Bites Pears	Muffin Yogurt Banana
Lunch	Meat and Cheese Quesadilla (WW) Corn Fruit	Cheese Ravioli with Meat Sauce Romaine & Spinach Salad Bread (WW) Pineapple	Breakfast for Lunch! Scrambled Eggs Sausage Links Toast (WW) Hashbrown Orange Juice	BBQ Chicken Sandwich (WW) Vegetable Mixed Fruit	Ham and Cheese Wraps (WW) Fresh Carrots Fruit
Snack	Soft Pretzel Cheese	Fruit Crackers	Low-fat Cottage Cheese Pineapple	V-Blend Trail Mix	Crackers Milk

**Menu for the Week of May 23-27, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles (WW) Peaches	Sausage Biscuit Muffin Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Tuna Noodle Casserole Cooked Carrots Bread (WW) Pears	Cheeseburger on a Bun (WW) Baked French Fries Fruit	Lasagna with Meat Sauce Romaine and Spinach Salad Breadstick Pineapple	Baked Chicken Wild Rice Peas Bread (WW) Mixed Fruit	Chicken Patty on a Bun (WW) Fresh Carrots Fruit
Snack	Saltines Cheese Slices	Graham Cracker Unsweetened Applesauce	Low-fat Yogurt Animal Crackers	Pretzels Vegetables w/Ranch	Bagels with Cream Cheese Milk

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of May 30-June 3, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Multigrain Cereal Mandarin Oranges	Pancakes (WW) Peaches	Eggs and Toast Pears	Oatmeal with Raisins Banana
Lunch	<b>No School in Observance of Memorial Day</b>	Potatoes AuGratin Ham Cooked Broccoli Dinner Roll Fruit	Chicken Noodle Casserole Bread (WW) Vegetable Oranges	Spaghetti (WW) with Meat Sauce Vegetable Breadstick Mixed Fruit	Submarine Sandwiches Grapes Fresh Carrots
Snack		Apples with Sun butter Pretzels	Multigrain Cereal Milk	String Cheese Deli Meat Crackers	Crackers (WW) V-Blend

**Menu for the Week of June 6-10, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Breakfast Pizza Unsweetened Applesauce	French Toast Sticks (WW) Peaches	Breakfast Bites (WW) Pears	<b>Cook's Choice</b> Fruit Grain
Lunch	Beanie Weanies Sweet Potato Fries Bread (WW) Fruit	Taco Spaghetti with Beef (WW) Vegetable Fruit	BBQ Chicken Mashed Potatoes Peas Bread (WW) Fruit	Meatball Sub (WW) Green Beans Mixed Fruit	<b>Cook's Choice</b> Protein Vegetable Fruit Grain
Snack	Mozzarella String Cheese Wheat Cracker (WW)	Rice Cakes Fruit	Low-fat Cottage Cheese Fruit	Celery Sun Butter	<b>Cook's Choice</b> Fruit/Vegetable Grain/Protein (WW)

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of June 13-17, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles (WW) Peaches	Biscuits and Gravy Pears	Cinnamon Sugar English Muffin Banana
Lunch	Pasta Salad w/Vegetables Ham Roll Up (WW) Mozzarella Cheese Stick Pears	Meat and Cheese Pizza Vegetable Fruit	Beef Stroganoff Dinner Roll Peas Fruit	Terriyaki Chicken Fried Rice Broccoli Mixed Fruit	Hot Dog on a Bun (WW) Fresh Carrots Fruit
Snack	Cheese Queso Tortilla Chips	Crackers Fruit	Low-Fat Yogurt Fruit	Turkey Sandwich (WW)	Bagel with Cream Cheese Milk

**Menu for the Week of June 20-24, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes (WW) Peaches	Breakfast Bites (WW) Pears	Oatmeal with Raisins Banana
Lunch	Sloppy Joe on a Bun (WW) French Fries Fruit	Chicken Alfredo Romaine and Spinach Salad Fruit	Chicken and Rice Broccoli Fruit	Meat and Cheese Slider (WW) Vegetable Mixed Fruit	Fish Stars (WW) Fresh Carrots Fruit
Snack	Whole Wheat Bread (WW) Cheese Slice	Sun Butter Roll-Up (WW)	Multigrain Cereal Milk	Trail Mix V-Blend Juice	Muffin Milk

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Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of June 27-July 1, 2022**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Eggs and Toast Unsweetened Applesauce	Waffles (WW) Peaches	Sausage Biscuit Muffin Pears	Cinnamon Sugar Breadstick Banana
Lunch	Tuna Sandwich on a Bun (WW) Vegetable Mozzarella Cheese Stick Fruit	Beef a Roni Green Beans Bread (WW) Banana	Chicken Strips Mashed Potatoes Corn Fruit	Meat and Cheese Nachos w/ Toppings Vegetable Mixed Fruit	Turkey Corn Dog (WW) Fresh Carrots Mozzarella Cheese Stick Apple Slices
Snack	Hummus Pretzel Sticks	Graham Cracker Unsweetened Applesauce	Low-fat Cottage Cheese Pineapple	Pita and Ham Sandwich (WW)	Rice Cakes Milk

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily  
Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.