

Loving Arms Child Care Center  
 MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of September 6-10, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Multigrain Cereal Mandarin Oranges	Pancakes (WW) Peaches	Biscuits and Gravy Pears	Oatmeal with Raisins Banana
Lunch	No School in Observance of Labor Day	Meat and Cheese Pasta Cooked Carrots Bread (WW) Fruit	Meat & Cheese Taco (WW) Vegetable Banana	Chicken Stir Fry with Vegetables Rice Mixed Fruit	Fish Sandwich on a Bun (WW) Mozzarella Cheese Stick Fresh Carrots Grapes
Snack		Cheese Queso Tortilla Chips	Low-fat Cottage Cheese Pineapple	Whole Wheat Bread (WW) Cheese Slice	Multigrain Cereal Milk

**Menu for the Week of September 13-17, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Breakfast Sandwich Unsweetened Applesauce	French Toast Sticks (WW) Peaches	Breakfast Bites (WW) Pears	<b>Cook's Choice</b> Fruit Grain
Lunch	Meat and Cheese Quesadilla (WW) Corn Fruit	Cheese Ravioli with Meat Sauce Romaine & Spinach Salad Bread (WW) Pineapple	Breakfast for Lunch! Scrambled Eggs Sausage Links Toast (WW) Hashbrown Orange Juice	BBQ Chicken Sandwich (WW) Vegetable Mixed Fruit	<b>Cook's Choice</b> Protein Vegetable Fruit Grain
Snack	Graham Cracker Unsweetened Applesauce	Trail Mix Fresh Vegetables	Multigrain Cereal Milk	Cracker Fruit	<b>Cook's Choice</b> Fruit/Vegetable Grain/Protein (WW)

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of September 20-24, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles (WW) Peaches	Sausage Muffin Biscuit Pears	Cinnamon Sugar Breadstick Banana
Lunch	Tuna Noodle Casserole Cooked Carrots Bread Pears	Cheeseburger on a Bun (WW) Baked French Fries Fruit	Lasagna with Meat Sauce Romaine and Spinach Salad Breadstick Pineapple	Baked Chicken Wild Rice Peas Bread (WW) Mixed Fruit	Chicken Patty on a Bun (WW) Fresh Carrots Fruit
Snack	Crackers (WW) Cheese Slices	Soft Pretzel Cheese	Tortilla (WW) Vegetables w/Ranch	Low-fat Yogurt Animal Crackers	Bagels with Cream Cheese Milk

**Menu for the Week of September 27-October 1, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes (WW) Peaches	Biscuits and Gravy Pears	Oatmeal with Raisins Banana
Lunch	Potatoes AuGratin Ham Cooked Broccoli Bread (WW) Fruit	Meatloaf Mashed Potatoes Bread (WW) Green Beans Pineapple	Chicken Noodle Casserole Dinner Roll Peas Fruit	Spaghetti (WW) with Meat Sauce Corn Breadstick Mixed Fruit	Submarine Sandwiches Grapes Fresh Carrots
Snack	Muffin Milk	Fresh Vegetables with Ranch Cheese Crackers	Low-fat Cottage Cheese Pineapple	Mozzarella Cheese Stick Fruit	Crackers (WW) Milk

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of October 4-8, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Breakfast Sandwich Orange Juice	French Toast Sticks (WW) Peaches	Breakfast Bites Pears	Muffin Banana
Lunch	Beanie Weanies Sweet Potato Fries Bread (WW) Fruit	Taco Spaghetti with Beef (WW) Green Beans Fruit	BBQ Chicken Mashed Potatoes Peas Bread (WW) Banana	Meat and Cheese Enchiladas (WW) Spanish Rice Corn Mixed Fruit	Chicken Drumsticks (WW) French Fries Fruit
Snack	Low-fat Cottage Cheese Pineapple	Soft Pretzel w/Cheese Sauce	Fresh Vegetables Goldfish Crackers	Rice Cakes Fruit	Graham Crackers Milk

**Menu for the Week of October 11-15, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles (WW) Peaches	Biscuits and Gravy Pears	<b>Cook's Choice</b> Fruit Grain
Lunch	Toasted Cheese Sandwich (WW) Chicken Noodle Soup Cooked Carrots Fruit	Beef a Roni Green Beans Bread (WW) Banana	Tater Tot Casserole Peas Dinner Roll Fruit	Meat and Cheese Nachos w/ Toppings Vegetable Mixed Fruit	<b>Cook's Choice</b> Protein Vegetable Fruit Grain
Snack	Hummus Pretzel Sticks	Low-fat Yogurt Graham Cracker	Fresh Vegetables w/Ranch 1/2 Pita	Whole Wheat Bread (WW) Cheese Slice	<b>Cook's Choice</b> Fruit/Vegetable Grain/Protein (WW)

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of October 18-22, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes (WW) Peaches	Breakfast Bites (WW) Pears	Oatmeal with Raisins Banana
Lunch	Chicken Pot Pie with Vegetables Mashed Potatoes Bread (WW) Peaches	Shake and Bake Chicken Wild Rice Green Beans Peaches	Pizza Pasta Romaine & Spinach Salad Bread (WW) Unsweetened Applesauce	Chili with Beef Vegetable Corn Bread Muffin Mixed Fruit	Turkey Corn Dog Fresh Carrots Mozzarella Cheese Stick Apple Slices
Snack	Goldfish Crackers Milk	Ham Sandwich (WW)	Low-fat Cottage Cheese Pineapple	Cinnamon Sugar Breadstick Milk	Crackers (WW) w/Sun Butter

**Menu for the Week of October 25-29, 2021**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles(WW) Peaches	Sausage Links Biscuit Pears	Muffin Yogurt Banana
Lunch	Refried Bean & Cheese Burrito (WW) Corn Peaches	Toasted Cheese Sandwich (WW) Vegetable Soup Banana	Meatballs with Gravy Mashed Potatoes Bread (WW) Green Beans Fruit	Macaroni (WW) & Cheese with Ham Peas Mixed Fruit	Chicken Nuggets (WW) Tator Tots Apple Slices
Snack	Mozzarella String Cheese Wheat Cracker (WW)	Low-fat Yogurt Graham Crackers	Pretzels Fresh Vegetables and Ranch	Seedless Grapes Rice Cakes	Ritz Crackers Milk

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.