

Loving Arms Child Care Center
MENU IS SUBJECT TO CHANGE *USDA is an Equal Opportunity Program and Employer.

Menu for the Week of July 5-9, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Multigrain Cereal Mandarin Oranges	Waffles(WW) Peaches	Sausage Links Biscuit Pears	Cinnamon Sugar Breadstick (WW) Banana
Lunch	No School in Observance of Independence Day	Meat and Cheese Nachos w/ Toppings Vegetable Fruit	Meatballs with Gravy Mashed Potatoes Bread (WW) Green Beans Fruit	Macaroni (WW) & Cheese with Diced Ham Peas Mixed Fruit	Chicken Nuggets (WW) Tater Tots Apple Slices
Snack		Mozzarella String Cheese Wheat Cracker (WW)	Pretzels Fresh Vegetables and Ranch Milk	Seedless Grapes Rice Cakes	Ritz Crackers Milk

Menu for the Week of July 12-16, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes (WW) Peaches	Sausage Biscuit Muffin Pears	Oatmeal with Raisins Banana
Lunch	Meat and Cheese Pasta Cooked Carrots Bread (WW) Fruit	Pigs in a Blanket Baked Beans Corn Pineapple	Meat & Cheese Taco (WW) Vegetable Banana	Chicken Stir Fry with Vegetables Rice Mixed Fruit	Fish Sandwich on a Bun (WW) Mozzarella Cheese Stick Fresh Carrots Grapes
Snack	Cheese Queso Tortilla Chips	Fruit Wheat Crackers (WW)	Multigrain Cereal Milk	Low-fat Cottage Cheese Pineapple	Whole Wheat Bread (WW) Cheese Slice

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of July 19-23, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Egg Sandwich Unsweetened Applesauce	French Toast Sticks (WW) Peaches	Breakfast Bites Pears	Muffin Banana
Lunch	Meat and Cheese Quesadilla (WW) Corn Fruit	Cooking Day Make Your Own Pizza Vegetable Fruit	Breakfast for Lunch! Scrambled Eggs Sausage Toast (WW) Hashbrown Orange Juice	BBQ Chicken Sandwich (WW) Vegetable Mixed Fruit	Ham and Cheese Wraps (WW) Fresh Carrots Apple Slices
Snack	Graham Cracker Unsweetened Applesauce	V-Blend Tortilla (WW) Vegetables w/Ranch	Multigrain Cereal Milk	Cracker Fruit	Apple Slices Sun Butter

Menu for the Week of July 26-30, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles (WW) Peaches	Sausage Links Biscuit Pears	Cook's Choice Fruit Grain
Lunch	Tuna Noodle Casserole Cooked Carrots Bread Pears	Cheeseburger on a Bun (WW) Baked French Fries Fruit	Lasagna with Meat Sauce Romaine and Spinach Salad Breadstick (WW) Pineapple	Baked Chicken Wild Rice Peas Bread (WW) Mixed Fruit	Cook's Choice Protein Vegetable Fruit Grain
Snack	Wheat Cracker (WW) Cheese Slices	Soft Pretzel Cheese	Trail Mix Milk	Low-fat Yogurt Animal Crackers	Cook's Choice Fruit/Vegetable Grain/Protein (WW)

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

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Menu for the Week of August 2-6, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes (WW) Peaches	Biscuits and Gravy Pears	Oatmeal with Raisins Banana
Lunch	Potatoes AuGratin Ham Cooked Broccoli Dinner Roll (WW) Fruit	Meatloaf Mashed Potatoes Bread (WW) Green Beans Pineapple	Chicken Noodle Casserole Bread (WW) Peas Oranges	Spaghetti (WW) with Meat Sauce Corn Breadstick (WW) Mixed Fruit	Chicken Patty on a Bun (WW) Fresh Carrots Fruit
Snack	Muffin Milk	Fresh Vegetables with Ranch Cheese Crackers	Low-fat Cottage Cheese Fruit	Mozzarella Cheese Stick Fruit	Bagels with Cream Cheese Milk

Menu for the Week of August 9-13, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Breakfast Sandwich Orange Juice	French Toast Sticks (WW) Peaches	Breakfast Bites Pears	Muffin Banana
Lunch	Beanie Weanies Sweet Potato Fries Bread (WW) Fruit	Taco Spaghetti with Beef (WW) Green Beans Fruit	BBQ Chicken Mashed Potatoes Peas Bread (WW) Fruit	Meat & Cheese Enchiladas (WW) Spanish Rice Corn Mixed Fruit	Chicken Drumsticks (WW) French Fries Fruit
Snack	Low-fat Cottage Cheese Fruit	Soft Pretzel w/Cheese Sauce	Fresh Vegetables Bread	Rice Cakes Fruit	Ham Sandwich (WW)

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of August 16-20, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles (WW) Peaches	Sausage Biscuit Muffin Pears	Cinnamon Sugar Breadstick (WW) Banana
Lunch	Pasta Salad w/Vegetables Ham Roll Up (WW) Mozzarella Cheese Stick Pears	Meatball Sub Green Beans Fruit	Beef Stroganoff Dinner Roll (WW) Peas Fruit	Terriyaki Chicken Fried Rice Broccoli Mixed Fruit	Hot Dog on a Bun (WW) Fresh Carrots Fruit
Snack	Crackers Cheese Slice	Low-Fat Yogurt Fruit Parfait	Soft Pretzel with Cheese	Wheat Crackers (WW) Fruit	Multigrain Cereal Milk

Menu for the Week of August 23-27, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes (WW) Peaches	Breakfast Bites Pears	Cook's Choice Fruit Grain
Lunch	Sloppy Joe on a Bun (WW) French Fries Fruit	Chicken Alfredo Romaine and Spinach Salad Bread (WW) Pineapple	Meat and Cheese Pizza Mixed Vegetables Fruit	Meat and Cheese Hawaiian Slider Mozzarella Cheese Stick Potato Salad Mixed Fruit	Cook's Choice Protein Vegetable Fruit Grain
Snack	Apples with Sun butter Pretzels	Granola Fruit	Fresh Vegetables w/Ranch Ritz Crackers	French Toast Sticks (WW) Applesauce	Cook's Choice Fruit/Vegetable Grain/Protein (WW)

Notes: (WW) Designated Whole Wheat Servings

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of August 30-September 3, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles(WW) Peaches	Sausage Links Biscuit Pears	Muffin Banana
Lunch	Refried Bean & Cheese Burrito (WW) Corn Peaches	Chicken and Rice Broccoli Fruit	Meatballs with Gravy Mashed Potatoes Bread (WW) Green Beans Fruit	Macaroni (WW) & Cheese with Diced Ham Peas Mixed Fruit	Fish Stars (WW) Fresh Carrots Fruit
Snack	Mozzarella String Cheese Cracker	Low-fat Yogurt Graham Crackers	Pretzels Fresh Vegetables and Ranch	Seedless Grapes Rice Cakes	Ritz Crackers Milk

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