

Loving Arms Child Care Center

MENU IS SUBJECT TO CHANGE *USDA is an Equal Opportunity Program and Employer.

Menu for the Week of March 1-5, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Sausage Links Biscuit Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Refried Bean & Cheese Burrito (WW) Corn Fruit	Green Eggs & Ham Tater Tots Toast (WW) Orange Juice	Meatballs with Gravy Mashed Potatoes Bread (WW) Green Beans Fruit	Macaroni (WW) & Cheese with Diced Ham Peas Mixed Fruit	Chicken Nuggets Tator Tots Fresh Carrots Apple Slices
Snack	Mozzarella String Cheese Wheat Cracker (WW)	Low-fat Cottage Cheese Pineapple	Pretzels Fresh Vegetables and Ranch	Seedless Grapes Rice Cakes	Rice Krispies Milk

Menu for the Week of March 8-12, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Meat and Cheese Croissant Hashbrown Pears	Oatmeal with Raisins Banana
Lunch	Chicken Pot Pie with Vegetables Mashed Potatoes Bread (WW) Peaches	Pigs in a Blanket Baked Beans Corn Pineapple	Meat & Cheese Taco (WW) Vegetable Banana	Chicken Stir Fry with Vegetables Rice Mixed Fruit	Fish Stars Baked French Fries Fresh Carrots Fruit
Snack	Cheese Queso Tortilla Chips	Fruit Crackers (WW)	Multigrain Cereal Milk	Low-fat Yogurt Graham Crackers (WW)	Whole Wheat Bread (WW) Cheese Slice

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of March 15-19, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Egg Sandwich Unsweetened Applesauce	French Toast Sticks Peaches	Breakfast Bites Pears	Muffin Banana
Lunch	Meat and Bean Nachos w/ Toppings Fresh Carrots Fruit	Cheese Ravioli with Meat Sauce Romaine & Spinach Salad Bread (WW) Fruit	Breakfast for Lunch! Scrambled Eggs Sausage Links Toast (WW) Tator Tots Orange Juice	Meat and Cheese Pizza Mixed Vegetables Mixed Fruit	Chicken Patty on a Bun (WW) Fresh Carrots Fruit
Snack	Graham Cracker (WW) Unsweetened Applesauce	Trail Mix Fresh Vegetables	Apple Slices Sun Butter	Cracker (WW) Fruit	Multigrain Cereal Milk

Menu for the Week of March 22-26, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Biscuits and Gravy Pears	Super Donut Banana
Lunch	Tuna Noodle Casserole Cooked Carrots Bread Pears	Cheeseburger on a Bun (WW) Baked French Fries Fruit	Lasagna with Meat Sauce Romaine and Spinach Salad Breadstick (WW) Pineapple	Baked Chicken Wild Rice Peas Bread (WW) Mixed Fruit	Ham and Cheese Wraps (WW) Fresh Carrots Apple Slices
Snack	Saltines (WW) Cheese Slices	Soft Pretzel Cheese Sauce	Tortilla (WW) Vegetables Roll-Up V-Blend Juice	Low-fat Yogurt Animal Crackers	Bagels with Cream Cheese Milk

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of March 29- April 2nd, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Sausage Link Biscuit Pears	
Lunch	Potatoes AuGratin Ham Cooked Broccoli Dinner Roll (WW) Peaches	Meatloaf Mashed Potatoes Bread (WW) Green Beans Banana	Chicken Noodle Casserole Bread (WW) Peas Oranges	Chicken Strips Fresh Carrots Mixed Fruit	No School in Observance of Good Friday
Snack	Muffin Milk	Fresh Vegetables with Ranch Cheese Crackers	Low-fat Cottage Cheese Pineapple	Mozzarella Cheese Stick Fruit	

Menu for the Week of April 5-9, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Multigrain Cereal Mandarin Oranges	French Toast Sticks (WW) Peaches	Meat and Cheese Croissant Hashbrown Pears	Muffin Banana
Lunch	No School Teacher Inservice	Beanie Weanies Sweet Potato Fries Bread (WW) Banana	BBQ Chicken Mashed Potatoes Peas Bread (WW) Fruit	Spaghetti (WW) with Meat Sauce Corn Breadstick (WW) Mixed Fruit	Chicken Nuggets French Fries Fresh Carrots Fruit
Snack		Soft Pretzel w/Cheese Sauce	Spinach Dip with Bread and Fresh Vegetables	Rice Cakes Fruit	Graham Crackers (WW) Milk

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily
Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of April 12-16, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Biscuits and Gravy Pears	Super Donut Banana
Lunch	Toasted Cheese Sandwich (WW) Chicken Noodle Soup Cooked Carrots Pears	Beef a Roni Green Beans Bread (WW) Banana	Tater Tot Casserole Peas Dinner Roll (WW) Pineapple	Layered Taco Casserole w/ Lettuce and Tomato Dinner Roll (WW) Mixed Fruit	Tuna Sandwich on a Bun (WW) Fresh Carrots Mozzarella Cheese Stick Apple Slices
Snack	Hummus Pretzel Sticks V-Blend Juice	Low-fat Yogurt Graham Cracker (WW)	Fresh Vegetables w/Ranch 1/2 Pita (WW)	Whole Wheat Bread (WW) Cheese Slice	Muffin Milk

Menu for the Week of April 19-23, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Breakfast Bites Pears	Oatmeal with Raisins Banana
Lunch	Meat & Cheese Enchilada (WW) Spanish Rice Pineapple Corn	Shake and Bake Chicken Wild Rice Green Beans Peaches	Pizza Pasta Romaine & Spinach Salad Bread (WW) Fruit	Sloppy Joe on a Bun (WW) French Fries Corn Mixed Fruit	Turkey Corn Dog Fresh Carrots Apple Slices
Snack	Goldfish Crackers Milk	Ham Sandwich (WW)	Low-fat Cottage Cheese Pineapple	Cinnamon Sugar Breadstick (WW) Milk	Crackers (WW) w/Sun Butter

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Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of April 26-30, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Biscuits and Gravy Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Pasta Salad w/Vegetables Ham Roll Up (WW) Mozzarella Cheese Stick Pears	Meatball Sub Green Beans Banana	Beef Stroganoff Dinner Roll (WW) Peas Fruit	Terriyaki Chicken Fried Rice Broccoli Mixed Fruit	Hot Dog on a Bun (WW) Fresh Carrots Fruit
Snack	Low-Fat Yogurt Fruit Parfait	Cinnamon Sugar Breadstick (WW)	Soft Pretzel with Cheese	Crackers (WW) Fruit	Multigrain Cereal Milk

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Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.