

Loving Arms Child Care Center  
MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of January 4-8th , 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Pancakes Peaches	Meat and Cheese Croissant Hashbrown Pears	Oatmeal with Raisins Banana
Lunch	Chicken Pot Pie with Vegetables Mashed Potatoes Bread (WW) Peaches	Macaroni (WW) & Cheese with Diced Ham Peas Fruit	Meat & Cheese Taco (WW) Vegetable Banana	Chicken Stir Fry with Vegetables Rice Mixed Fruit	Fish Stars (WW) Baked French Fries Fresh Carrots Fruit
Snack	Muffin Milk	Fruit Whole Wheat Crackers (WW)	Low-fat Yogurt Graham Crackers (WW)	Whole Wheat Bread (WW) Cheese Slice	Multigrain Cereal Milk

**Menu for the Week of January 11-15th, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Egg Sandwich Unsweetened Applesauce	French Toast Sticks Peaches	Biscuits and Gravy Pears	Muffin Banana
Lunch	Bean and Chicken Burrito (WW) Sweet Potato Fries Fresh Carrots Fruit	Cheese Ravioli with Meat Sauce Romaine & Spinach Salad Bread (WW) Pineapple	Breakfast for Lunch! Scrambled Eggs Sausage Links Toast (WW) Tator Tots Orange Juice	Meat and Cheese Pizza Mixed Vegetables Mixed Fruit	Chicken Pattie on a Bun (WW) Fresh Carrots Fruit
Snack	Graham Cracker (WW) Unsweetened Applesauce	Trail Mix Fresh Vegetables	Multigrain Cereal Milk	Cracker (WW) Fruit	Apple Slices Sun Butter

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily;Y-food modification for Infant Room; WW-Whole Wheat daily  
Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of January 18-22nd, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Breakfast Bites Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Meat and Cheese Pasta Cooked Carrots Bread Pears	Cheeseburger on a Bun (WW) Baked French Fries Fruit	Lasagna with Meat Sauce Romaine and Spinach Salad Breadstick (WW) Pineapple	Baked Chicken Wild Rice Peas Bread (WW) Mixed Fruit	Ham and Cheese Wraps (WW) Fresh Carrots Apple Slices
Snack	Saltines (WW) Cheese Slices	Soft Pretzel Cheese	Tortilla (WW) Vegetables w/Ranch	Low-fat Yogurt Animal Crackers	Bagels with Cream Cheese Milk

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**Menu for the Week of January 25-29th, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Sausage Link Biscuit Pears	Oatmeal with Raisins Banana
Lunch	Potatoes AuGratin Ham Cooked Broccoli Dinner Roll (WW) Pears	Chicken Noodle Casserole Bread (WW) Peas Oranges	Meatloaf Mashed Potatoes Bread (WW) Green Beans Pineapple	Spaghetti (WW) with Meat Sauce Corn Breadstick (WW) Mixed Fruit	Submarine Sandwiches Grapes Fresh Carrots
Snack	Muffin Milk	Fresh Vegetables with Ranch Cheese Crackers	Low-fat Cottage Cheese Fruit	Mozzarella Cheese Stick Fruit	Crackers (WW) Slice Cheese

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**Menu for the Week of February 1-5th, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Breakfast Sandwich Orange Juice	French Toast Sticks (WW) Peaches	Meat and Cheese Croissant Hashbrown Pears	Muffin Banana
Lunch	Beanie Weanies Sweet Potato Fries Bread (WW) Banana	Taco Spaghetti with Beef (WW) Green Beans Fruit	BBQ Chicken Mashed Potatoes Peas Bread (WW) Pears	Chicken Enchiladas Spanish Rice Corn Mixed Fruit	Chicken Nuggets (WW) French Fries Fresh Carrots Fruit
Snack	Low-fat Cottage Cheese Pineapple	Soft Pretzel w/Cheese Sauce	Spinach Dip with Bread and Fresh Vegetables	Graham Crackers (WW) Milk	Rice Cakes Fruit

**Menu for the Week of February 8-12th, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Biscuits and Gravy Pears	Super Donut (WW) Banana
Lunch	Toasted Cheese Sandwich (WW) Chicken Noodle Soup Cooked Carrots Pears	Beef a Roni Green Beans Bread (WW) Banana	Tator Tot Casserole Peas Dinner Roll (WW) Pineapple	Chili with Beef Vegetable Corn Bread Muffin Mixed Fruit	Hot Dog on a Bun (WW) Fresh Carrots Mozzarella Cheese Stick Apple Slices
Snack	Hummus Pretzel Sticks	Low-fat Yogurt Graham Cracker (WW)	Fresh Vegetables w/Ranch 1/2 Pita (WW)	Whole Wheat Bread (WW) Cheese Slice	Muffin Milk

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**Menu for the Week of February 15-19th, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Breakfast Bites Pears	Oatmeal with Raisins Banana
Lunch	Meat and Cheese Enchilada (WW) Spanish Rice Corn Pineapple	Shake and Bake Chicken Wild Rice Green Beans Peaches	Pizza Pasta Romaine & Spinach Salad Bread (WW) Unsweetened Applesauce	Layered Taco Casserole Dinner Roll (WW) Mixed Fruit	Turkey Corn Dog Fresh Carrots Apple Slices
Snack	Goldfish Crackers Milk	Ham Sandwich (WW)	Low-fat Cottage Cheese Pineapple	Cinnamon Sugar Breadstick (WW) Milk	Crackers (WW) Fruit

**Menu for the Week of February 22-26th, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Sausage Links Biscuit Pears	Super Donut (WW) Banana
Lunch	Meat and Cheese Hawaiian Slider Vegetable Banana	Chicken Alfredo Romaine and Spinach Salad Pineapple	BBQ Chicken Pizza Vegetable Fruit	Sloppy Joe on a Bun (WW) French Fries Corn Mixed Fruit	Fish Sandwich on a Bun (WW) Mozzarella Cheese Stick Fresh Carrots Grapes
Snack	Crackers (WW) Cheese Slice	Fresh Vegetables w/Ranch Ritz Crackers (WW)	Tortilla (WW) Vegetable Roll-Up	Apples with Sun butter Pretzels	Bagel with Cream Cheese Milk

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