

Loving Arms Child Care Center
MENU IS SUBJECT TO CHANGE *USDA is an Equal Opportunity Program and Employer.

Menu for the Week of November 2-6, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Meat and Cheese Croissant Hashbrown Pears	Oatmeal with Raisins Banana
Lunch	Chicken Pot Pie with Vegetables Mashed Potatoes Bread (WW) Peaches	Pigs in a Blanket Baked Beans Corn Fruit	Meat & Cheese Taco (WW) Vegetable Banana	Chicken Stir Fry with Vegetables Rice Mixed Fruit	Fish Stars (WW) Baked French Fries Fresh Carrots Fruit
Snack	Cheese Queso Tortilla Chips	Fruit Whole Wheat Crackers (WW)	Low-fat Yogurt Graham Crackers (WW)	Whole Wheat Bread (WW) Cheese Slice	Multigrain Cereal Milk

Menu for the Week of November 9-13, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Egg Sandwich Unsweetened Applesauce	French Toast Sticks Peaches	Biscuits and Gravy Pears	Muffin Banana
Lunch	Chicken and Bean Burrito (WW) Sweet Potato Fries Fresh Carrots Fruit	Cheese Ravioli with Meat Sauce Romaine & Spinach Salad Bread (WW) Pineapple	Breakfast for Lunch! Scrambled Eggs Sausage Links Toast (WW) Tator Tots Orange Juice	Meat and Cheese Pizza Mixed Vegetables Mixed Fruit	Chicken Pattie on a Bun (WW) Fresh Carrots Fruit
Snack	Graham Cracker (WW) Unsweetened Applesauce	Trail Mix Fresh Vegetables	Multigrain Cereal Milk	Cracker (WW) Fruit	Apple Slices Sun Butter

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily
Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of November 16-20, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Breakfast Bites Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Tuna Noodle Casserole Cooked Carrots Bread Pears	Cheeseburger on a Bun (WW) Baked French Fries Fruit	Lasagna with Meat Sauce Romaine and Spinach Salad Breadstick (WW) Pineapple	Baked Chicken Wild Rice Peas Bread (WW) Mixed Fruit	Ham and Cheese Wraps (WW) Fresh Carrots Apple Slices
Snack	Saltines (WW) Cheese Slices	Soft Pretzel Cheese	Tortilla (WW) Vegetables w/Ranch	Low-fat Yogurt Animal Crackers	Bagels with Cream Cheese Milk

Menu for the Week of November 23-27, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches		
Lunch	Potatoes AuGratin Ham Cooked Broccoli Dinner Roll (WW) Pears	Chicken Noodle Casserole Bread (WW) Peas Fruit	Chicken Strips Carrots Waffles Bananas	No School in Observance of Thanksgiving	No School in Observance of Thanksgiving
Snack	Muffin Milk	Low-fat Cottage Cheese Pineapple	Crackers (WW) Cheese		

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily
Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of November 30-December 4, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Breakfast Sandwich Unsweetened Applesauce	French Toast Sticks (WW) Peaches	Meat and Cheese Croissant Hashbrown Pears	Muffin Banana
Lunch	Beanie Weanies Sweet Potato Fries Bread (WW) Pears	Taco Spaghetti with Beef (WW) Green Beans Banana	BBQ Chicken Mashed Potatoes Peas Bread (WW) Fruit	Beef Stroganoff Dinner Roll (WW) Peas Mixed Fruit	Chicken Nuggets (WW) French Fries Fresh Carrots Fruit
Snack	Low-fat Cottage Cheese Pineapple	Soft Pretzel w/Cheese Sauce	Spinach Dip with Bread and Fresh Vegetables	Rice Cakes Fruit	Graham Crackers (WW) Milk

Menu for the Week of December 7-11, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Biscuits and Gravy Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Toasted Cheese Sandwich (WW) Chicken Noodle Soup Cooked Carrots Pears	Chicken Alfredo Romaine and Spinach Salad Fruit	Tator Tot Casserole Peas Dinner Roll (WW) Pineapple	Chili with Beef Vegetable Corn Bread Muffin Mixed Fruit	Tuna Sandwich on a Bun (WW) Fresh Carrots Mozzarella Cheese Stick Apple Slices
Snack	Hummus Pretzels V-Blend Juice	Low-fat Yogurt Graham Cracker (WW)	Fresh Vegetables w/Ranch 1/2 Pita (WW)	Whole Wheat Bread (WW) Cheese Slice	Muffin Milk

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of December 14-18, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Breakfast Bites Pears	Oatmeal with Raisins Banana
Lunch	Meat and Cheese Enchilada (WW) Spanish Rice Pineapple Corn	Shake and Bake Chicken Wild Rice Green Beans Peaches	Pizza Pasta Romaine & Spinach Salad Bread (WW) Unsweetened Applesauce	Shepherds Pie Mashed Potatoes Dinner Roll (WW) Mixed Fruit	Turkey Corn Dog Fresh Carrots Apple Slices
Snack	Goldfish Crackers Milk	Ham Sandwich (WW)	Low-fat Cottage Cheese Pineapple	Cinnamon Sugar Breadstick (WW) Milk	Crackers (WW) V-Blend Juice

Menu for the Week of December 21-23, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches		
Lunch	Refried Bean & Cheese Burrito (WW) Corn Fruit	Toasted Ham and Cheese Sandwich (WW) Carrots Fruit	Chicken Nuggets (WW) Tator Tots Fresh Carrots Apple Slices	No School in Observance of Christmas	No School in Observance of Christmas
Snack	Mozzarella String Cheese Wheat Cracker (WW)	Low-fat Cottage Cheese Fruit	Ritz Crackers (WW) Milk		

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

Menu for the Week of December 28-30, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches		
Lunch	Meatball Sub Green Beans Peaches	Pigs in a Blanket Baked Beans Corn Fruit	Fish Sandwich on a Bun (WW) Mozzarella Cheese Stick Fresh Carrots Banana	No School in Observance of New Years Eve	No School in Observance of New Years Day
Snack	Cheese Queso Tortilla Chips	Fruit Whole Wheat Crackers (WW)	Graham Crackers (WW) Milk		

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room; WW-Whole Wheat daily
Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.