

Loving Arms Child Care Center  
MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of March 2-6, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Sausage Links Biscuit Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Green Eggs & Ham Tator Tots Toast Orange Juice	Toasted Cheese Sandwich Vegetable Soup Fruit	Meatballs with Gravy Mashed Potatoes Breadstick (WW) Green Beans Fruit	Macaroni & Cheese (WW) with Diced Ham Bread Peas Mixed Fruit	Chicken Nuggets Tator Tots Fresh Vegetables Apple Slices
Snack	Mozzarella String Cheese Wheat Cracker (WW)	Low-fat Cottage Cheese Pineapple	Pretzels Fresh Vegetables and Ranch	Crackers Milk	Rice Cakes Fruit

**Menu for the Week of March 9-13, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Ham and Cheese Croissant Pears	Oatmeal with Raisins Banana
Lunch	Chicken Pot Pie with Vegetables Mashed Potatoes Bread (WW) Peaches	Pigs in a Blanket Baked Beans Mixed Vegetables Fruit	Meat & Cheese Taco Fresh Carrots Banana	Chicken Stir Fry with Vegetables Rice Mixed Fruit	Fish Stars Baked French Fries Broccoli Grapes
Snack	Cheese Queso Tortilla Chips	Whole Wheat Crackers (WW) Fruit	Sun Butter Sandwiches (WW)	Cinnamon Sugar Breadstick (WW) Milk	Low-fat Yogurt Ritz Crackers (WW)

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of March 16-20, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Scrambled Egg Biscuit Sandwich Orange Juice	French Toast Sticks (WW) Peaches	Sausage Links Biscuit Pears	Muffin Banana
Lunch	Beanie Weanies Sweet Potato Fries Bread (WW) Banana	Taco Spaghetti with Beef (WW) Green Beans Fruit	BBQ Chicken Mashed Potatoes Peas Bread Grapes	Beef Stroganoff Corn Dinner Rolls (WW) Mixed Fruit	Chicken Nuggets (WW) French Fries Carrot Apples
Snack	Low-fat Cottage Cheese Pineapple	Soft Pretzel w/Cheese Sauce	Spinach Dip with Bread and Fresh Vegetables	Multigrain Cereal Milk	Rice Cakes V-Blend

**Menu for the Week of March 23-27, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Sausage Croissant Pears	Oatmeal with Raisins Banana
Lunch	Toasted Cheese Sandwich (WW) Chicken Noodle Soup Cooked Carrots Pears	Chicken Alfredo Romaine and Spinach Salad Fruit	Tator Tot Casserole Peas Dinner Roll (WW) Pineapple	Chili with Beef Corn Corn Bread Muffin Mixed Fruit	Tuna Sandwich on a Bun (WW) Fresh Vegetables Mozzarella Cheese Stick Apple Slices
Snack	Hummus Tortilla (WW)	Low-fat Yogurt Graham Cracker (WW)	Fresh Vegetables w/Ranch 1/2 Pita	Whole Wheat Bread (WW) Cheese Slice	Muffin Milk

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of March 30-April 3, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Sausage Links Biscuit Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Fish Sandwich on a Bun (WW) Mozzarella Cheese Stick Carrots Grapes	Pizza Casserole Bread Green Beans Fruit	Scrambled Egg with Ham Tator Tots Toast Orange Juice	Shepherds Pie Mashed Potatoes Dinner Roll (WW) Mixed Fruit	Ham and Cheese Wrap Fresh Carrots Apples
Snack	Saltine Crackers Cheese Slice	Fresh Vegetables w/Ranch Pretzels	Fresh Hummus Tortilla (WW)	Bagel with Cream Cheese Fruit	Milk Crackers

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**Menu for the Week of April 6-10, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Hashbrown Bun Orange Juice	Waffles Peaches	Biscuits and Gravy Pears	
Lunch	Chicken Pattie on a Bun (WW) Mozzarella Cheese Stick Carrots Banana	Cheese Ravioli with Meat Sauce Romaine & Spinach Salad Bread (WW) Fruit	Meat and Cheese Pizza Mixed Vegetables Fruit	Pasta Salad w/Vegetables Ham Roll Up (WW) Mozzarella Cheese Stick Mixed Fruit	<b>No School in Observance of Good Friday</b>
Snack	Graham Cracker Unsweetened Applesauce	Trail Mix Carrots	Cracker (WW) Grapes	Multigrain Cereal Milk	

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.

**Menu for the Week of April 13-17 , 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Scrambled Eggs Bun Orange Juice	French Toast Sticks Peaches	Sausage Links Biscuit Pears	Muffin Banana
Lunch	Chicken Noodle Soup Saltines (WW) Mixed Vegetables Pineapple	Shake and Bake Chicken Wild Rice Green Beans Fruit	Beef a Roni (WW) Romaine & Spinach Salad Bread Fruit	Shepherds Pie Mashed Potatoes Dinner Roll (WW) Mixed Fruit	Turkey Corn Dog Fresh Vegetables Apple Slices
Snack	Goldfish Crackers Milk	Ham Sandwich (WW)	Low-fat Cottage Cheese Pineapple	Soft Pretzel w/Cheese Sauce	Crackers (WW) w/Sun Butter

**Menu for the Week of April 20-24, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches	Sausage Croissant Pears	Oatmeal with Raisins Banana
Lunch	Potatoes AuGratin Ham Cooked Broccoli Dinner Roll (WW) Fruit	Chicken Noodle Casserole Bread Peas Oranges	Meatloaf Mashed Potatoes Bread (WW) Green Beans Fruit	Spaghetti with Meat Sauce (WW) Corn Breadstick Mixed Fruit	Submarine Sandwiches w/Meat and Cheese Lettuce and Tomatoes Grapes
Snack	Muffin Milk	Fresh Vegetables with Ranch Wheat Crackers (WW)	Apples w/ Sunbutter	Cheese Crackers Fruit	Tortilla (WW) Mozzarella Cheese Stick

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily;Y-food modification for Infant Room

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**Menu for the Week of April 27-May 1, 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges	Homemade Breakfast Burritos (WW) Unsweetened Applesauce	Waffles Peaches	Sausage Links Biscuit Pears	Cinnamon Sugar English Muffin (WW) Banana
Lunch	Tuna Noodle Casserole Cooked Carrots Bread (WW) Pears	Cheeseburger on a Bun Baked French Fries Fruit	Lasagna with Meat Sauce Romaine and Spinach Salad Bread Pineapple	Baked Chicken Wild Rice Peas Bread (WW) Mixed Fruit	Ham and Cheese Wraps Fresh Vegetables Apple Slices
Snack	Saltines (WW) Cheese Slices	Soft Pretzel Cheese	Tortilla (WW) Vegetables w/Ranch	Low-fat Yogurt Graham Cracker	Bagels with Cream Cheese Fruit

Notes: A-Vitamin A minimum 2X week; C-Vitamin C daily; I-Iron daily; Y-food modification for Infant Room

Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, and Teal.